

Extras

BREAD AND BUTTER (STOTTIE CAKE)	85p
HOMEMADE MUSHY PEAS	£1.20
HEINZ BAKED BEANS	£1.20
CURRY SAUCE	£1.95
GRAVY	£1.50
CHIPPED POTATOES	£2.95
MIXED SALAD	£2.95
COLESLAW	£1.50
GHERKINS	£1.50

Bread and butter (stottie cake) traditional locally baked bread



SOUVENIR MENUS

50p

ALL PROCEEDS DONATED TO THE ROYAL NATIONAL MISSION TO DEEP SEA FISHERMAN.
REG CHARITY NO. 232822
THANK YOU

BRILLE MENU AVAILABLE ON REQUEST

GIFT VOUCHERS NOW AVAILABLE. PLEASE ASK FOR DETAILS

Desserts

Our selection of traditional desserts and locally made award-winning ice cream and sorbets

TREACLE SPONGE AND CUSTARD	£3.95
APPLE CRUMBLE AND CUSTARD	£3.95
SPOTTED DICK AND CUSTARD	£3.95
ICE-CREAM – local award-winning Italian ice-cream in various flavours.....	£3.95
AFFOGATO – vanilla ice-cream topped with espresso coffee. Delicious!	£3.95
SORBET – local award-winning Italian sorbets in various flavours.....	£3.95

Gratuities policy

At Colmans we fully support the British Hospitality Association voluntary code of best practice on gratuities. All employees receive at least National Minimum Wage. Any tips received are in addition to wages. Any tips are retained by the waiter. They may or may not have arrangements in place to share these tips with other employees in the restaurant. It is the responsibility of those receiving tips to declare the income for tax purposes to HM Revenue & Customs. The company does not participate in any aspect of tips and are unable to accept tips on behalf of staff by credit/debit card.

WE SEEK TO MAINTAIN A HIGH STANDARD AT ALL TIMES, SHOULD WE FAIL TO GIVE COMPLETE SATISFACTION PLEASE INFORM THE DUTY MANAGER, YOUR COMMENTS ARE ALSO WELCOME ON www.colmansfishandchips.com

(GM FOODS) OUR MENU HAS BEEN CHECKED FOR THE ABOVE AND TO THE BEST OF OUR KNOWLEDGE IS FREE OF GM SOYA AND MAIZE

PLEASE NOTE OUR FOOD MAY CONTAIN NUT TRACES AND/OR SMALL BONES. PLEASE ASK FOR DETAILS.

PRICES INCLUDE VAT AT CURRENT RATE, NO SERVICE CHARGE INCLUDED

Drinks

FILTER COFFEE WITH CREAM	£1.80
CAFE LATTE Traditional Italian coffee with milk	£2.50
CAPPUCCINO Traditional Italian coffee with frothed milk and dusted with chocolate	£2.50
ESPRESSO A shot of strong Italian coffee	£1.50
MACCHIATO Espresso with a touch of frothed milk	£1.65
POT OF TEA with lemon or milk.....	£1.60
WATER Our local Abbey Well Mineral Waters	£1.60
COLD DRINKS Pepsi, Diet Pepsi, Orange and Shandy.....	£1.30
SQUASH Ice cold orange squash	95p
JUICE Freshly squeezed orange juice.....	£2.95
SPECIALITY TEAS Darjeeling, Earl Grey, Green Tea, Peppermint Tea, Pure Camomile, Various Fruit Teas (Please Ask)	£1.95
A refreshingly authentic range of old fashioned soft drinks –	
FENTIMANS VICTORIAN LEMONADE (275ml).....	£2.50
FENTIMANS GINGER BEER (275ml).....	£2.50
FENTIMANS DANDELION & BURDOCH (275ml)	£2.50
FENTIMANS SEVILLE ORANGE JIGGER (275ml)	£2.50
FENTIMANS SHANDY (275ml).....	£2.50
CLASSIC BOTTLED COKE/DIET COKE.....	£1.95

COLMANS ARE PROUD TO INFORM YOU THAT THIS MENU IS PRINTED ON CARBON BALANCED PAPER. THIS SUPPORT PROTECTS ECOLOGICALLY IMPORTANT FORESTS WITH THEIR WILDLIFE AND DIRECTLY REDUCES CARBON IMPACTS OF THIS PUBLICATION.



www.carbonbalancedpaper.com



Fully Licensed

Colmans of South Shields

Est. 1926

Famous for Fish and Chips

176 - 186 OCEAN ROAD, SOUTH SHIELDS, TYNE & WEAR NE33 2JQ ENGLAND

TEL AND FAX: +44(0) 191 456 1202

Family owned and operated since 1926



1949 – The First Three Generations of the Family



1997 – Colmans by Bob Olley – Celebrated Local Artist

On behalf of our family, let us welcome you to the legendary Colmans of South Shields, the UK's Number.1 Fish and Chip Restaurant. We have been serving our famous Fish and Chips and Seafood's for over four generations and have built our reputation by not compromising on quality or service. At Colmans we believe quality is not expensive, it's priceless.

We believe that Fish and Chips are one of the Worlds greatest dishes, and at Colmans you will find the Nations favourite at its finest and we firmly believe that here in the North East of England we have access to some of the World's greatest Fish and Seafood's. We take great pride in sourcing only the finest local and seasonal produce. Keeping with tradition that goes back four generations and to maintain the quality we have become famous for, we still personally choose our own Fish and Seafood's from our local fish quays. All our Fish and Seafood's are from sustainable and well managed fishing grounds. Sustainability is very important to us; the ability to supply the needs of the present without compromising the needs of the future is what we believe in and are passionate about. Of course we remain fully committed to all environmental issues and you will find details are available on our website and on mini menus on your tables.

In recent years we have been delighted to win many National and Regional awards (listed below), which has gained us both a National and International following. We were honoured to be asked to provide our famous Fish and Chips for the Queen's Birthday celebrations in Guatemala and recently we travelled to the British Ambassador's Residence, Villa Wolkonsky in Rome to cook our famous Fish and Chips for 850 dignitaries and guests to celebrate the Queen's Birthday.

Our menu has been sampled by a host of celebrity customers and Richard, Frances and the Colmans team have been judged and praised by some of the countries leading chefs. The quality, skill and hard work of our dedicated team has led too inclusions in both National and Regional food guides including Hardens and the Good Food Guides.

Our first business was started in 1905 by my Great Grandparents, which was a small hut on South Shields foreshore. We then progressed and opened a larger restaurant and takeaway on the same site. Then we opened another in Barrington Street, South Shields and then in 1926 we opened Colmans on Ocean Road, where we have gradually built the business to what it is today. Our staff will be delighted to answer any questions you may have about our history and our produce.

We hope that you enjoy your visit with us and that we see you again soon.

THANK YOU – RICHARD, FRANCES AND STAFF

Role of Honour

These are a few of the accolades that we are proud to have been awarded:

- BBC Radio 4 Food & Farming Awards Best UK Takeaway
- UKTV Gary Rhodes Local Food Heroes National Winner
- The National Fish and Chip Awards Best UK Restaurant
- The Northeast Tourism Awards Taste of the Northeast (Gold Award)
- Pride of South Tyneside Award Judges Special Award
- Fish & Chip Shop of the Year Winner England
- The National Fish and Chip Awards National Winner Good Catch Award
- BBC Country file Magazine best UK Fish & Chip Shop
- BBC Coast Magazine Best UK Ethical Fish and Chips



www.colmansfishandchips.com

Menu

The UK's No. 1 Fish & Chip Restaurant

Family owned and operated since 1926



Circa 1905
Richard's Great Grandfather and his son Joseph in our first venture on South Shields beach.



Circa 1920
Mr and Mrs Colman looking very proud in their beach cafe.



Circa 1925
Colmans Lido Cafe - Very Swish! A Palm Court Orchestra played light classical music on Sunday Afternoons.



Circa 1931
Mrs Colman seated centre with her two young daughters Nella and Nora and her loyal staff.



Circa 1934
Colmans on Ocean Road. Mr Colman is on the first left, before extending into the next building.



Circa 1935
Another one of our restaurants on the foreshore. This restaurant was extended to seat 400.



Circa 1937
Colmans Central Cafe Unfortunately, destroyed during WW2. Please note our telephone no. has changed!



2011
Richard and Frances with their team. Still serving our famous seafoods after 80 years from our premises on Ocean Road.

Quality isn't expensive - it's priceless
PLEASE ASK ABOUT TODAY'S SELECTION OF MSC CERTIFIED FISH
NB: ALL OUR FISH COMES FROM SUSTAINABLE AND WELL MANAGED FISHING GROUNDS



Seafood with this mark comes from a fishery that has been independently certified to the MSC's standard for a well-managed and sustainable fishery.

COC NO: MEP-C-108

ORDERED CHIPS ON YOUR MAIN MEAL AND FANCY MORE? JUST ASK - THERE'S NO EXTRA CHARGE!

MOST OF OUR FISH CAN BE GRILLED WITH HERB BUTTER FOR AN EXTRA £1.50

WE APOLOGISE IF AT ANY PARTICULAR TIME WE ARE UNABLE TO SUPPLY A SEAFOOD WHICH APPEARS ON THE MENU, BUT DUE TO ADVERSE CURRENTS, SEASONAL FLUCTUATIONS AND WEATHER CONDITIONS SOME LINES OF SEAFOODS ARE NOT ALWAYS AVAILABLE.

SUBSTITUTE SALAD FOR CHIPS FOR AN EXTRA £1.50

Catch of the Day

- PRIME COD**£7.95
Our best seller. Cod has large flakes and white flesh with a sweet mild flavour.
- *Extra Large Cod**£14.95
- HADDOCK (Line caught)**.....£8.50
White flaky fish with a unique flavour. Very popular in Scotland.
- *Extra Large Haddock**£15.50
- PLAICE**£10.95
Identified by its distinct orange spots. Milder in flavour than lemon sole but still very popular.
- LEMON SOLE**.....£13.95
Named because of its shape and yellowish spots. It has a sweet delicate flavour with small flakes.

- GURNARD**£12.95
Good strong flavour. A firm textured flesh which fries very well.
- HAKE**£8.50
It has a soft delicate texture. Hake feed on herrings which give it a distinct full flavour.
- POLLOCK**£7.95
Part of the cod family with a milder taste and smaller white flakes.
- WHITING**.....£7.50
The smallest of the cod family. It has small white flakes with a very mild flavour.

Please note our fish is sold by weight and not size
Standard Fish weight (wet) - 220-290gms
*Extra Large Fish weight (wet) - 500-550gms

All the above are cooked in our secret recipe batter and served with chipped potatoes, lemon and homemade tartare sauce.

Colmans Restaurant Specials

SENIOR CITIZEN SPECIALS	COLMANS FEAST	COLMANS FINEST
A smaller portion of fish served with thick-cut chips and a pot of tea (113-150 gms) £5.99	Prime cod, thick cut chips, homemade mushy peas, glass of wine or lager plus a pot of tea or a cup of filter coffee (220-290gms) £11.95 SAVE UP TO £7.95	Haddock or Premium Breadcrumbed Scampi served with thick cut chips, homemade mushy peas, glass of wine or lager plus a pot of tea or cup of filter coffee (220-290gms) £13.95 SAVE UP TO £7.95

All of the above include free refills of tea and coffee

Colmans Special Fishcakes

- COLMANS COD FISHCAKES** - flaked cod, fresh potatoes and herbs£6.95
- COLMANS CRAB CAKE** - locally caught crab meat, mixed with a little mayonnaise, Worcester sauce, mustard, parsley and chives served with a soy and ginger dipping sauce.....£12.50
- COLMANS THAI PRAWN CAKES** - chopped local prawns with garlic, ginger, chillies, lime, fresh coriander, Thai spices, seasoning and served with a sweet chilli dipping sauce£12.95
- TRIO OF COLMANS HANDMADE FISHCAKES** - consisting of Thai prawn, Colmans crab and lobster fish cake£14.50

All the above are cooked in our secret recipe batter served with a mixed salad garnish and chipped potatoes.

Special Seafood Selection

- COLMANS FAMOUS HAND PREPARED SCAMPI** - locally caught langoustine tails cooked in Colmans secret recipe batter served with salad garnish, chipped potatoes and homemade tartare sauce. We believe these to be the best scampi in the world.£18.95
- COLMANS SPECIAL SEAFOOD PLATTER** - a selection of our finest hot and cold fish and seafoods served with a mixed salad, chipped potatoes and homemade tartare sauce £21.95
- CALAMARI** - lightly battered strips of locally caught squid, served with a salad garnish, chipped potatoes and homemade chilli sauce£12.95
- PREMIUM QUALITY SCAMPI** - cooked in breadcrumbs served with a mixed salad garnish, chipped potatoes and tartare sauce.£9.95
- COLMANS CALAMARI SPECIAL**- tender pieces of squid lightly cooked in seasoned flour and topped with chopped chilli, garlic and toasted sesame seeds and served with a mixed salad garnish and chipped potatoes.....£14.95
- GRILLED LOCAL DOVER SOLE** - served with herb butter, caper berries and chipped potatoes. MARKET PRICE

Salads

- CRAB** - white crab meat folded with a little Horseradish cream, served with a mixed salad, dressed with aged balsamic vinegar and extra virgin olive oil.£11.95
- LOCAL LOBSTER** - local fresh lobster, served with a mixed salad, dressed with aged balsamic vinegar, extra virgin olive oil and lemon aioliMARKET PRICE

Savouries

- HALF SPRING-CHICKEN** - served with mixed salad garnish and chipped potatoes.....£8.95
- LARGE MEAT PIE** - served with mushy peas, gravy and chipped potatoes.£6.95
- JUMBO SAUSAGE** - served with peas or beans and chipped potatoes.£5.95

Kids Menu

- For children under 12 only
- SAUSAGE AND CHIPS**£3.95
 - FISH AND CHIPS**£3.95
 - CHICKEN FILLET BITES AND CHIPS**.....£3.95

COMPLIMENTARY STILL AND SPARKLING FILTERED HOUSE WATER ON REQUEST

We serve fresh food not fast food - please be patient at peak periods.

Sorry, we cannot give separate bills for people seated at the same table.